



Ursuline Academy 4th Annual Run for the Lions 5k Run and Walk

April 22, 2012, 8:30 am

Mass with Father Jack will be offered at 7:30 am



Race Features:

- Awards to first three runners in each category
- Awards to first three overall male & female
- Awards to the fastest UA student & UA alumna
- All pre-paid registrations will get goodie bag and t-shirt
- Complimentary breakfast after the race, \$5 for non-participants

Race Categories for 5K Male & Female:

14-under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 /over

Fitness walkers: 14-under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70/over

Entry Fees:

- \$15 Student Pre-registration
- \$20 Student Race day entry
- \$25 Pre-registration
- \$30 Race day entry

*all pre-registrations received by 4/18/11 include goodie bag & t-shirt

Pre-registration and Online deadline:

4/18/12 11:59 pm EST

Packet Pick Up: Friday 4/20 11am-4pm & Saturday 4/21 9am-11am

Race Day Registration Begins at 7 am

Location: Ursuline Academy, Blue Ash, OH

Directions: Take I-71 to the Pfeiffer Road exit (exit 15). Turn west onto Pfeiffer Road and left at the second traffic light. Turn left into Ursuline Academy.

Parking: Ursuline Academy parking lot

Course: The course starts out at Ursuline Academy 5535 Pfeiffer Road. Once leaving the parking lot proceed west on Pfeiffer Road and go through a business parking lot at the corner of Reed Hartman and Pfeiffer. Travel south on Alliance Road, take a right at Malsbary Road and turn around before Reed Hartman Hwy. This is the half way point to turn around and go back. This is a flat course.

For Further Information visit

www.ursulineacademy.org

OR contact 513-791-5794

Ursuline Development Department



Official Entry Form

Sex ___ Age ___ (as of)
___ Runner ___ Fitness Walker
T-shirt size S, M, L, XL

Are you a UA Student ___ Alumnae ___

Name of participant: _____

Address: _____

Telephone No: _____

Email Address: _____

In case of emergency, contact/phone:

Name/Relationship: _____

Telephone No: _____

Make checks Payable to:
Ursuline Academy
5535 Pfeiffer Road
Cincinnati, OH 45242



Release: Ursuline Academy Run for the Lions

In consideration of the foregoing, I for myself, my executors, administrators and assigns, state that I understand that my participation in the Run for the Lions ("Run") involves certain risks of injury, both known and unknown, and that I do hereby release and discharge the City of Blue Ash, Ursuline Academy, Ursuline Foundation, race director, race officials, volunteers, and any and all sponsors including their agents, employees, and assigns ("discharged parties"), or anyone for or on their behalf, for all damages, demands, action and causes of action whatsoever, in any manner, advising or growing out of participation in said Run including releasing the discharged parties for all causes of action and damages associated with or related to the discharged parties' negligence. I certify that I have run this distance or longer and I am in adequate physical condition to complete the event I have entered.

Signature: _____ Print Name: _____

Signature of parent/guardian if under 18: _____ Print Name: _____