



Run & Fitness Walk to Benefit ProKids — 5K (3.1 miles)

Cincinnati Bar Association-Young Lawyers Section

14th Annual  
**Run FOR Kids**

**Friday, June 18 • 7 p.m.**

Registration 5:30 p.m. • Race 7 p.m.

St. Mary's Catholic Church • Erie Avenue • Hyde Park



**Course:**

Course begins on Erie close to St. Mary's Catholic Church. Head east on Erie, south on Delta, west on Observatory, north on Shaw, east on Erie, repeat and finish on Erie in front of St. Mary's Church. Course is USATF certified.

**Divisions:**

Men and Women runners; law firm/other team competition. Teams run three to five, score three. Walkers welcome.

**Kids Fun Run (all ages):**

Immediately following race in parking lot. No need to register. Prize to all participants.

**Party:**

Party following race with live music by Kelly Red and The Hammerheads, food, beverages and a clown to entertain the kids.

**Awards:**

Awards will go to the top 15 men and women runners. Results on-line at [www.racedmc.com](http://www.racedmc.com). Additional awards for law firm teams.

**Registration/Packet Pick-Up:**

Registration is \$25 per person (includes t-shirt). Pre-registration deadline is **Friday, June 11**. Registration price after June 11, including race day, is \$30 per person (includes t-shirt).

Packet Pick-up for pre-registration is:

Thursday June 17, 4 –7 p.m.

Bob Roncker's Running Spot - O'Bryonville  
1993 Madison Road, Cincinnati, OH 45208

**Directions:**

From I-71 going south: Take the Dana Avenue exit, left on Dana, left on Madison, right on Erie to Shady Lane just past Shaw.

From I-71 going north: Take exit #5, Dana Road, Montgomery Road, turn left on Duck Creek, right on Dana, left on Madison, right on Erie to Shady Lane just past Shaw.

**Parking:**

Park on adjacent streets close to Hyde Park Square.

**ProKids:**

Since 1981, ProKids CASAs (Court Appointed Special Advocates) have made a difference in the lives of our community's abused and neglected children. Your help can ensure that this vulnerable population doesn't fall through the cracks of our justice system. Just call ProKids at (513) 281-2000.

**Register on-line at [www.racedmc.com](http://www.racedmc.com) or return this entry form by Friday, June 11.**

Name \_\_\_\_\_ Sex \_\_\_\_\_ Age (as of 6/18/10) \_\_\_\_\_

Address \_\_\_\_\_

E-mail \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Day Phone \_\_\_\_\_ Evening Phone \_\_\_\_\_

**This waiver must be signed:** In consideration of the acceptance of my entry, I hereby waive on behalf of my heirs, executors and assigns, all claims of any nature arising from my participation in the Cincinnati Bar Association's "Run For Kids" run and do hereby release the Cincinnati Bar Association, ProKids, Don Connolly, Inc. and all sponsors, workers, officials and volunteers from any claim whatsoever arising from my participation in this event. I agree to abide by all the rules for participation and acknowledge that the Race Committee may refuse or return my entry at its discretion. I understand the risks for such a run and have trained adequately in preparation. I have noted any relevant medical conditions on this form.

Relevant medical conditions \_\_\_\_\_

Entry Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent's Signature (for entrants under age 18) \_\_\_\_\_ Date \_\_\_\_\_

In case of medical emergency, contact: \_\_\_\_\_ Phone \_\_\_\_\_

**Circle t-shirt size:** S M L XL XXL

**I will participate in the:**

- Men & Women runners division
- Law Firm/Other team division  
*(submit all team entry forms together)*  
*All team members must be employees of the same firm/company.*
- Team name \_\_\_\_\_  
*(3 to 5 runners per team)*

**Please make checks payable to the Cincinnati Bar Association and mail to:**  
Run For Kids  
P.O. Box 54424  
Cincinnati, OH 45254-0424  
**by Friday, June 11**

**For more information:**  
Call Don or Carol Connolly at (513) 474-1399



**Cincinnati Bar**  
ASSOCIATION

