

Kickin' off Summer — the Cincinnati way!



We feel lucky that the 13th Annual RGI River Run, presented by Duke Energy and benefiting Kicks For Kids (KFK), will once again launch the Tri-State's summer running season! Taking place at 9:15 AM on the Saturday (5/23/09) of Memorial Day weekend, the proceeds of the RGI River Run will support KFK's efforts to "level the playing field" for local children who are challenged physically, mentally or by the environment in which they live.

Last year's RGI River Run achieved significant growth, setting records for both the number of participants (1,244) and the amount of funds raised (over \$43,000)! In an effort to sustain this upward trend for a fourth consecutive year, the unique components of the event will once again be featured. Registration and all of the post-race events will occur near the scenic Purple People Bridge; the 5K run/walk will bridge Newport, Covington and Cincinnati; the touching Special K (for children with physical and/or mental challenges), the exciting Children's Fun Run and the unique Parent/Child Teams will once again be offered; Cincinnati's *The RumRunners* will perform live; participants will have the chance to win great awards and are registered for the highly anticipated door prize drawing; and each entrant will receive a ticket good for free food and drink at the post-event party at Arnie's on the Levee!

Our goal for the 13th Annual RGI River Run on 5/23/09 is for it to be an enjoyable event that appeals to top runners as well as recreational athletes and families . . . and raises funds for kids in the process. We are confident that on May 23rd you will find that we have achieved this goal.

Shawn Crshaw
Jon Self
Jim Beech



Time and Place

Saturday, May 23 at the Purple People Bridge (Newport)

- 9:15 AM Special K (on 4th Street prior to 5K)
- 9:30 AM 5K Run/Walk
- 10:30 AM Children's Fun Run

Registration

The RGI River Run is designed for runners of all levels, from competitive racers to casual runners to families, children and school teams. Not the running type? There are plenty of ways to get involved with Kicks For Kids. From running to fundraising to simply buying a T-shirt, anyone can contribute to this great cause and have a fun time doing it!

5K Run/Walk

- Adult **pre-registration**: \$14 (T-shirt, *performance* for adults and cotton for kids, add \$10)
- Adult **day-of**: \$17 (*performance* T-shirt, add \$15 *while they last*)
- Children (12-17): \$10 (same price for pre-registration and day of race)
- Children (6-11): \$8 (same price for pre-registration and day of race)
- Children (5 & under): Free

Special K

- All participants: Free (\$10 for adults who wish to register for free food and drinks and the opportunity to win door prizes)
Free T-shirts for Special K participants

Armchair Quarterbacks

- All participants: \$10 (*performance* T-shirt, add \$10 to the pre-registration fee, \$15 day-of *while they last*)

Skip the race and enjoy the fun! These participants are eligible for all prize drawings, food, drinks and festivities.

PRE-REGISTRATION DEADLINE: Must be postmarked by May 18, 2009. All participants can pick up packets at Bob Roncker's Running Spot, 1993 Madison Rd., O'Bryonville, from 12-7 PM Friday, May 22. Race Day pick-up will be at the Purple People Bridge (Newport).

Race Day Registration Begins at 8:00 AM



Awards

5K Run/Walk:

For those runners and fitness walkers 15 years old and above:
1st Male & Female - Each receives a \$75 Gift Certificate to *The Tavern Restaurant Group*
2nd Male & Female - Each receives a \$50 Gift Certificate to *The Tavern Restaurant Group*
3rd Male & Female - Each receives a \$25 Gift Certificate to *The Tavern Restaurant Group*
Also, the first 30 male *and* female runners and the top 10 male *and* female fitness walkers receive our event-specific *Headsweats*® race visor. Except for the gift cards given to the top 3 male and female runners, all of these awards will be given out at the finish line.

Children: Trophies will be awarded to the top male and female runners in three divisions (8 & Under, 9-11, 12-14), as well as to the 2nd and 3rd place male and female finishers in each of those divisions.

Children's Fun Run and Special K: All children who participate in either of these events will receive a commemorative award.

Sport the Shirt!

Buy a unique shirt and support Kicks For Kids (including *performance* T-shirts for adults)! See registration form on reverse side for sizes and pricing.



(Course subject to change pending approval)

Team Divisions

Fundraising: A trophy will be awarded on 5/23/09 to the company/group that raises the greatest amount of money. To qualify for this team award, EACH entrant MUST list the company/group name on his/her registration form. ALL of the company's participants should mail their entry forms in together.

Running/Walking Teams: For any company, family or group of friends that has a minimum of 15 entrants, the adult pre-registration fee will be \$12—a \$2 savings per person! To qualify, the entries must be mailed in the same envelope, list the company/group name on each entry form, and be postmarked by 5/12/09. This incentive is not available for "day of" registration.

Parent/Child Teams: Trophies will be awarded on 5/23/09 to two parent and child teams that finish the 5K run with the fastest combined times (each team member remains eligible for individual awards as well) — one team with a combined age of 50 or under, the other with a combined age greater than 50. To qualify for this team award, EACH entrant MUST check (✓) PARENT/CHILD on his/her registration form and list the name of his/her teammate. If possible, these two entries should be mailed together.

The award ceremony for children (8-14) in the 5K, the team division winners and the Top 3 male and female runners will take place immediately after the Children's Fun Run. Please also note that participants MUST be present to win one of our fantastic door prizes.



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