



Run & Fitness Walk to Benefit ProKids — 5K (3.1 miles)

Cincinnati Bar Association-Young Lawyers Section & PNC

13th Annual **Run FOR Kids**

Friday, June 19

7 p.m.

Registration 5:30 p.m. • Race 7 p.m.

St. Mary's Catholic Church • Erie Avenue • Hyde Park

Course:

Course begins on Erie close to St. Mary's Catholic Church. Head east on Erie, south on Delta, west on Observatory, north on Shaw, east on Erie, repeat and finish on Erie in front of St. Mary's Church. Course is USATF certified.

Divisions:

Men and Women runners; law firm/other team competition. Teams run three to five, score three. Walkers welcome.

Kids Fun Run (all ages):

Immediately following race in parking lot. No need to register. Ribbons to all participants.

Awards:

Awards will go to the top 25 men and women runners. Results on-line at www.racedmc.com. Additional awards for law firm teams.

Registration:

Registration is \$10 per person without a t-shirt, \$17 including t-shirt (value of t-shirt is 6.57 + 43¢ sales tax). Pre-registration deadline is **Friday, June 12**. Registration after the deadline, including race day, is \$15 per person without a t-shirt, \$25 including t-shirt (value of t-shirt is 6.57 + 43¢ sales tax).

Directions:

From I-71 going south: Take the Dana Avenue exit, left on Dana, left on Madison, right on Erie to Shady Lane just past Shaw.

From I-71 going north: Take exit #5, Dana Road, Montgomery Road, turn left on Duck Creek, right on Dana, left on Madison, right on Erie to Shady Lane just past Shaw.

Parking:

Park on adjacent streets close to Hyde Park Square.

Party:

Party following race with live music by Kelly Red and The Hammerheads, food, beverages and a clown to entertain the kids.

ProKids:

Since 1981, ProKids CASAs (Court Appointed Special Advocates) have made a difference in the lives of our community's abused and neglected children. Your help can ensure that this vulnerable population doesn't fall through the cracks of our justice system. Just call ProKids at (513) 281-2000.



Be sure to order your 2009 Run for Kids t-shirt



Entry Form • Entries must be postmarked by Friday, June 12.

Name _____ Sex _____ Age (as of 6/19/09) _____

Address _____ E-mail _____

City _____ State _____ Zip _____

Day Phone _____ Evening Phone _____

This waiver must be signed: In consideration of the acceptance of my entry, I hereby waive on behalf of my heirs, executors and assigns, all claims of any nature arising from my participation in the Cincinnati Bar Association's "Run For Kids" run and do hereby release the Cincinnati Bar Association, ProKids, Don Connolly, Inc. and all sponsors, workers, officials and volunteers from any claim whatsoever arising from my participation in this event. I agree to abide by all the rules for participation and acknowledge that the Race Committee may refuse or return my entry at its discretion. I understand the risks for such a run and have trained adequately in preparation. I have noted any relevant medical conditions on this form.

Relevant medical conditions _____

Entry Signature _____ Date _____

Parent's Signature (for entrants under age 18) _____ Date _____

In case of medical emergency, contact: _____ Phone _____

Enclosed is:

- \$10 per person pre-registration
- \$17 per person pre-registration plus t-shirt

Circle t-shirt size: M L XL

I will participate in the:

- Men & Women runners division
- Law Firm/Other team division
(submit all team entry forms together)
All team members must be employees of the same firm/company.
- Team name _____
(3 to 5 runners per team)

Please make checks payable to the Cincinnati Bar Association and mail to:

Run For Kids
P.O. Box 54424
Cincinnati, OH 45254-0424
by Friday, June 12

For more information:

Call Don or Carol Connolly at (513) 474-1399



Cincinnati Bar
ASSOCIATION

or register on-line at www.racedmc.com

