



2nd Annual
Cavalier 5K Walk/Run
 March 10, 2007 - 9:00 a.m.
 Lunken Airport Bike Path



THE COURSE: The flat fast course will begin near the Carl and Edith Lindner Family Tennis Center at CRC's Lunken Playfield. Runners and walkers will head around the bike trail to a turnaround and circle back to the start along the same route.

THE CAUSE: support of the Athletic Department and educational and extracurricular events sponsored by the Parent Teacher Organization (Parents Plus Program).

THE AWARDS: Top 15% of each division based on the pre-registration. Also, special awards to the first male and female runner.

RACE CATEGORIES:

Men and Women runners: 11/under, 12-14, 15-16, 17-18, 19-24, 25-29, 30-34, 35-39, 40-49, 50-54. 55-59, 60-64, 65-69, 70-79 80/over:

Weight: Men 200-219lbs, 220lbs/over;
 Women 160lbs/over;

Men and women walkers: 29/under, 30-39, 40-49, 50-59, 60/over

FUN RUN FOR KIDS AND COOKOUT

FOR ALL: At the end of the race there will be a FREE FUN RUN for kids and a cookout with refreshments for all paid participants.

sponsored by _____

REGISTRATION:

- Pre-registration is \$20 and includes a T-shirt and cookout at end of race.
Deadline for pre-registration is March 2, 2007.
- Registration the day of the event is \$25 and includes a T-shirt.
- Registration begins at 7:00 a.m. at the Carl and Edith Lindner Family Tennis Center at CRC's Lunken Playfield.
- Registration forms are also available at www.purcellmarian.org or www.racedmc.com.

DIRECTIONS:

- Turn off Columbia Parkway onto the Beechmont Levee. Turn right on Wilmer.
- From Downtown Cincinnati, take I-471 to I-275 East, take the Coney Island Exit, turn left on Kellogg and right on Wilmer.

PARKING: Plenty of free parking is available at Lunken Playfield.

RACE RESULTS: Complete results will be available online the same day at www.racedmc.com

INFORMATION:

Call Tom Stickley, Purcell Marian Athletic Director, at (513) 487-3122.

CAVALIER 5K Walk/Run

Official Pre-registration Form

Please print

Name _____

Street _____

City/State/Zip _____

Daytime Phone _____

Evening Phone _____

E-mail _____

Sex: Male Female

Age (as of 3/10/07) _____

Purcell Marian Alum? Yes No

Category(check one):

- Runner
- Run Wt. Men 200-219
- Run Wt. Men 220/over
- Run Wt. Women 160/over
- Walker

T-shirt size (circle one):

Adult: S M L XL XXL XXXL

Youth: M L

Enclosed is

- \$20 Pre-registration \$_____ (includes T-shirt)
- donation to Purcell Marian High School \$_____

Total Enclosed: \$_____

Make checks payable to :
 Purcell Marian High School

Be sure to sign the waiver on the other side!

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CAVALIER 5K Walk/Run

Official Pre-registration Form
continued

List medical conditions: _____

In case of emergency contact:

Phone: _____

Referred by: _____

WAIVER: In consideration for the acceptance of my entry, I, for myself, my executors, administrators and assignees do hereby release and discharge Purcell Marian High School and all sponsors and individuals assisting the presentation of the Cavalier 5k Walk/Run from all claims of damages, demands and actions whatsoever in any manner or growing out of my participation in this event. I hereby attest and verify that I have full knowledge of the risks involved in this race, that I assume and pay my own medical and emergency expenses in the event of accident, illness or other incapacity, regardless or whether I have authorized such expenses, and that I am physically fit and sufficiently trained to participate in the race.

Signature

Name Date

Signature of parent if under 18

**Pre-registration must be postmarked
by March 2, 2007.**

Mail this completed form to:
Purcell Marian High School
2935 Hackberry Street
Cincinnati, OH 45206
Attn.: Tom Stickley, Athletic Director

Purcell Marian High School
2935 Hackberry Street
Cincinnati, OH 45206



2nd Annual CAVALIER 5K WALK/RUN

Saturday, March 10, 2007
9:00 a.m

Lunken Airport/Playfield
Beechmont & Wilmer Ave.
Cincinnati, OH 45226

to benefit

